

Yes. You can reverse type 2 diabetes.



In only one year, Virta patients see an average of¹:

63% medication reduction

1.3pt HbA1c reduction

12% weight loss

No matter the time of year, if you are part of an eligible plan,* you can enroll in Virta. Virta is a research-backed treatment that can help you lose weight and reverse your type 2 diabetes.

The Virta difference

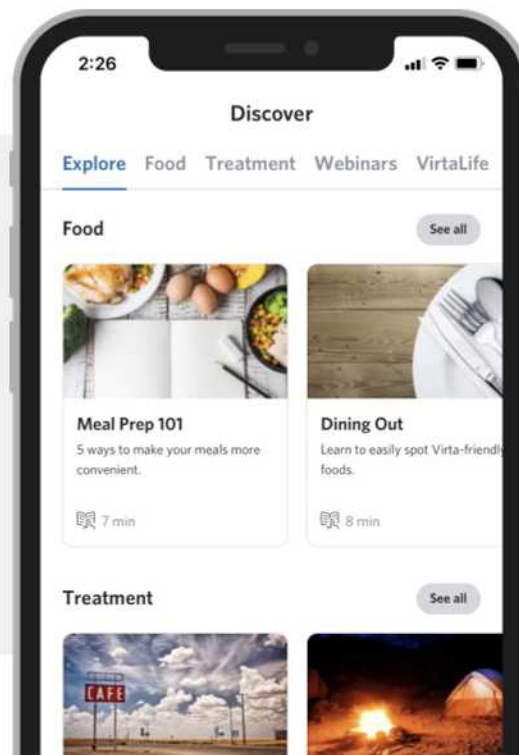
Unlike other diabetes treatments, Virta goes beyond just treating the symptoms of the disease. On Virta, you learn how to change how you eat so that your body burns fat for energy, instead of sugar/carbohydrates. This can help you naturally lower your blood sugar and reduce the need for diabetes medication. It also can help you lose weight and live a healthier life.

What's more? Hally health fully covers the cost of Virta.*



Learn more:
info.virtahealth.com/hally

**Virta is available to members and eligible dependents between the ages of 18 and 79 who are enrolled in the health plan. This benefit is currently being offered to those with type 2 diabetes. There are some medical conditions that would exclude patients from the diabetes reversal program. Start the application process now to find out if you qualify. Participation in the program is not a guarantee that the member's diabetes will be reversed and that it requires active participation/adherence by the member.*



¹ Hallberg SJ, McKenzie AL, Williams P, et al. Effectiveness and Safety of a Novel Care Model for the Management of Type 2 Diabetes at One Year: An Open Label, Non-Randomized, Controlled Study. Diabetes Ther. 2018.